

News of the School, news of the Graduates, news of the Physical Education Profession, all this we are giving you in this issue. We expect you all to read the first, we know you all will read the second, we hope you all will read the third. A combination of graduate and professional news will be found in the bird's eye view of war work being done in some of the organizations in Canada where our graduates are teaching.

#### NEWS OF THE SCHOOL:

The School as a body corporate is flourishing. The year started off well with a very pleasant month at the Ontario Athletic Commission Camp, Lake Couchiching. On the whole the weather was good and as a result a lot was accomplished in tennis, field hockey, lacrosse, track and field. The O.A.C. Camp is particularly well equipped for these activities. Archery, baseball, canoeing in war canoes, music and camp education were also on the programme regularly. In addition to our regular staff members - Miss Somers, Miss Jackson and Miss Naylor - we had several special instructors for the month. Mrs. C.E.McNeill, soprano soloist at New St. Andrews Church, was in charge of the music and added much to the enjoyment of staff and campers as well as to their knowledge. The closing banquet had Music for its theme. The place cards were music conductors resplendent in black tails, and the menu cards were pianos, violins, music stands etc. There were candelabra at each end of each table, between which were strings and paper notes to make different tunes. When the girls at each table had made out their particular piece of music, they stood up and sang it, and this made lots of fun. Mr. Charles Cutts, professional at the Toronto Lawn Tennis Club, taught tennis for the month, Elspeth Wilson Emmett '37 taught canoeing and Helen Turner, ex-'37 was the nurse.

When school opened in the city, several familiar faces were missing among the staff. Marion Hobday Allen, instructor in the Modern Dance, Flora Gray now Mrs. Howard Campbell, pianist and leader of the Music Club and Mr. Sterndale Bennett, instructor in speech and public speaking, had all left us either temporarily or permanently. In Mrs. Allen's place for the year we have Miss Alison Sutcliffe, a teacher of wide study and experience. Mrs. McNeill is taking Miss Gray's place with the Music Club and is giving a course in Music Appreciation to the juniors. Mr. Sterndale Bennett is doing work for the British government and his place has been taken at the school by Mrs. Dora Mavor Moore who is known to many graduates of the old school both as student and teacher. Mrs. Moore has studied in England and in the United States since her graduation from The Margaret Eaton School of Literature and Expression and has much to give the students.

Each year we add books, both technical and educational to the school library. These with the ones loaned to us by staff members give the girls access to one of the best collections of physical education books in Canada. Now Miss Somers has gone a step further and has secured a part-time librarian, Miss Mary Buckley, graduate of the University of Toronto librarian's course, who comes every afternoon from one until five and for a while on Saturday morning. Miss Buckley has re-arranged and catalogued the books and is always ready to find articles and chapters on special subjects for the girls. She also checks on the books taken out each day.

The school as a building has been beautified. The front hall has been re-papered almost white which lightens it wonderfully. Two chesterfields covered in crimson give a touch of colour. The lounge also is very much brightened by new coverings for the chesterfields and long chintz drapes at the windows. Fresh paint on the back hallway leading to the pool, completes the feeling of newness.



## HINTS TO THOSE ON "ACTIVE SERVICE" IN PHYSICAL EDUCATION:

Graduates will be welcome to come in at any time when there is not a class in session in the library, to use the books. The library is usually free in the afternoon. Books may also be taken out by graduates, subject to the same rules as those observed by the students, namely: Books may be reserved at one o'clock but may not be taken out until five o'clock, and must be returned by nine the next morning.

One of the best ways of sharing in Canada's war effort is by keeping our own health above par, and by putting our best effort into our jobs. This does not necessarily mean working more hours a day, but it does mean putting more thought into our work, not only from the standpoint of planning it better but with the idea of keeping mentally alert.

One way to keep mentally alert is by reading, with thought on our part, of the thinking and doing of other people. The Journal of Health and Physical Education, the official organ of the American Association of Health, Physical Education and Recreation, (Write to Miss Elizabeth Noyes, 1201-16th St. N.W., Washington, D.C., enclosing \$2.50) will give you much to think about, a knowledge of what is going on in physical education in States and ideas to put into practical use in your own work. There is good reading in the C.P.E.A. Bulletin, published by the Canadian Physical Education Association. You will receive this if you send \$1.00 membership fee to the secretary-treasurer, Mr. Ian Eisenhardt, 604 Hall Bldg., Vancouver, or to Miss Somers, the president. There is excellent reading also in the Service Bulletin (\$1.00 per year, Miss Alice Frymir, Room 1505, 67 West 44th St., New York), and if you do camp work, you should not be without the Camping Magazine (\$2.00 a year sent to Miss Betty Gibbons, 330 South State St., Ann Arbor, Michigan). If you cannot afford to take all of these (You really should subscribe to the Journal and the C.P.E.A. Bulletin), get your public library to take them and prove that they really are read by reading them yourself. Speaking of the public library, does your library have Saturday Night in its files? If it does, go back to the October 26th and November 2nd issues and read the articles by Mr. J.H. Paton of Harbord Collegiate Institute, Toronto, on Youth Service Training. There is an article in the Journal of Educational Sociology for November, which you may find also in the public library, or if you are in Toronto, in our library, on "Teaching Democracy in the Schools". Read it to renew your own ideas on democracy and then consider whether a physical education instructor has any chance or obligation to teach democracy! Do you "believe that "the ideals embraced by fine sportsmanship are the essence of democracy"?

All physical education teachers will be interested in news of the Annual Alumnae Refresher Course which is to be held this year, December 26, 27 and 28. Miss Jackson and her committee have been working hard to arrange an attractive and satisfying programme for the two and a half days' work. Notice of the course and an outline of the programme have probably reached you before this. If you did not receive a programme and would like one, let us know.

We were fortunate this fall to have a brief visit from Dr. Josephine Rathbone, teacher at Teachers College, Columbia University, and author of "Foundations of Health" and "Corrective Physical Education". Dr. Rathbone was in Toronto for a very short time finding out about war work being done here in connection with physical education, but Miss Somers was able to get her to speak to our students. She told of the new bill before the Congress of the United States to provide proper physical Education for all children and young people of the States through federal assistance. This bill is reprinted in the November issue of the Journal and is well worth studying.

### Reverse Tunnel and Pick-Up Relay - Sugg. by Dorothy Jackson

Relay formation with a pick-up line drawn parallel to, and about 20 feet beyond the starting line. A ball is needed for each team.



Play -

		P.L.
		S.L.
x	x	x
x	x	x
x	x	x
x	x	x
x	x	x

The first player on the signal "go" runs with the ball to the end of her file while the players change to a stride standing position. The ball is then rolled up between and beyond the legs of all the players, (re-roll in the case of a miss), and the player immediately runs to secure ball somewhere between the starting line and the pick-up line (re-roll if ball goes beyond). With the ball in her hands the runner touches the pick-up line and then returns. The ball may be thrown to the new leader but the previous player must take her place at the end of the file before the next runner may roll.

# WAR WORK HERE AND THERE AMONG OUR GRADUATES ACROSS CANADA:

We thought the graduates in active physical education and those doing war work in a voluntary capacity, might be interested to know of the work being done in this line in some of the local Y.W.C.A.'s where our graduates are teaching, as well as in one or two other organizations. In most cases all departments of the organization co-operate to make whatever is undertaken a success, and while we have given the names of our graduates connected with each institution, this of course does not mean that they are the ones responsible. As our space is limited we asked only a few to tell us of the special activities in their organization. The "Y" reports would be very incomplete without a brief note on the excellent war service which the National Council of the Y.W.C.A. is giving, especially in its Hostess Houses. These are organized and started by the War Services Committee of the National Council, but when near a local Association, they are run by the local unit. For instance the Toronto "Y" looks after the Hostess House at Camp Borden, and Vancouver the one at Jericho Beach. At the time of writing, there are 9 Hostesses Houses under the Y.W.C.A. in operation, 7 are in the progress of being organized and at least 13 are under consideration. To carry on this very necessary work and to help the British Y.W.C.A. which is doing much for Canadians as well as British, the National Council is planning to have a campaign early in 1941. For such a very worth while cause, we are glad to give this little bit of publicity (free and unsolicited!), and we bespeak your hearty support.

## HALIFAX: Katharine Cumming '40

Due to the war, the programme of the Y.W.C.A. has changed considerably to meet the needs of the service men and their wives, who have come from all over Canada.

Gymnasium Classes: For exercise because the women do not have even the exercise of housework, since it is hard to get living quarters for housekeeping.

Badminton: Air Force and Navy wives have formed a group together. When not playing Badminton, they have Table Tennis, Chinese Checkers and Card games.

Special Gymnasium and Badminton groups: For officers' wives.

Mixed Badminton: One night a week at which club girls play with the service men.

Other games are also played.

Sing Song: Sunday night.

Clubs: The club department has separate clubs for wives of Navy, Air Force and Army meeting every other week. At the request of the members, they take handicraft, home nursing and first aid.

Club Dances: Attended by a large number of service men invited by the "Y" through their own Barracks."

## MONTREAL: Helen Mackey '29

"Open House Week-end: For the soldiers, sailors and air force separately. Our first one will be for the Air Force on November 23rd. The Club Room floor will be set up in games, ping pong, bowling and darts, and the second floor will have the parlors arranged with bridge tables, Chinese checkers etc. This programme will be from 8:30 - 12:00 p.m. In this set-up, our responsibility is the games and the clubs are looking after the dance arrangements. The dancing is in the gymnasium with refreshments served in the cafeteria. There is a reception committee of board members and the girls are to equal the boys



in numbers. The girls are being charged 15 cents, the boys nothing. This programme is to be a monthly affair. The next day, Sunday, we are hoping to have sufficient private cars to drive the boys around Montreal and bring them back to the "Y" for tea and a sing song at 4:00 p.m."

Red Cross Branch of the Y.W.C.A.: Meets every Monday and Thursday from 10:00 to 5:00; Wednesday 2:00 - 5:00 and 7:30 - 10:30.

Use of the building: Free of charge

Gymnasium: Every morning 9 - 10 by the 50 Montreal General Hospital nurses who are going overseas. Every Thursday afternoon for children of mothers in the Overseas Fellowship League (planned but not yet done).

The Lobby: to be open for the men every evening from 8:00 - 11:00, ping pong table and magazines.

Meeting evacuees at port and station: This includes advice, assistance and sometimes hospitality in the residences.

QUEBEC: Jean Mooney Also on the staff, Margaret Jess

"The Y.W.C.A. building in Quebec City has proven to be a very popular place with the men of His Majesty's Forces stationed here, who have come from other parts of Canada. Often they come to the building just to find someone with whom they can speak English. Almost every hour of the day we have requests by telephone or in person to know if there is to be a dance that night, if not that night what night?"

Dances: Senior ballroom dancing class (about 45 girls) invited 50 French and English Airmen to a dance at which the girls brought either refreshments or twenty-five cents, while the men were admitted free of charge. French Recreation Group entertained an all French group of Airmen, over 100 in all.

Leaders' Corps: Takes collection each night for the lunch served by the individual members after the Leaders' Corps meetings, money raised to go to the War Fund of the National Council of the Y.W.C.A. Also contributing to the fund for furnishing the Hostess House at Valcartier. Preparing comedy dance numbers to entertain the service men."

TORONTO: CENTRAL, Margaret Dunning; EAST, Margaret Quance; WEST, Barbara Claxton Fisher  
"These three branches of the Y.W.C.A. are working together in their war work as in other activities. A War Services Committee is in charge of the organization of the work."

R.C.A.F. Dances: These are club projects and are held once a week, either at Central, East or West branches.

Rooms Registry: To help soldiers' families find suitable accommodation, under the Social Service Department.

Red Cross Classes: Home Nursing and First Aid

Red Cross Group: East Toronto

Red Cross Groups: The West Toronto "Y" gives certain organizations the use of a room, sewing machines and kitchenette for Red Cross Work. Anyone in the neighborhood who wants to do Red Cross work may join these groups.

'Ladies' Day Out'; Central: This was intended primarily for wives of men overseas but many others have come. Ladies pay 25¢ for the day, 10:00 - 3:00 p.m. They bring a box lunch or eat in the cafeteria. They bring their children and we have a nursery school for them so the mothers are free.

Activities: Bowling, badminton, swimming, gymnastics, crafts, bridge. This has been very successful and a similar programme has been started in the evening. - "Ladies' Night Out". Gym, Swim and Club departments co-operate."

KITCHENER: Margaret Ross

Dances: The Y.W.C.A. co-operates with the Y.M.C.A. in providing girls for the dances put on under their auspices.

Red Cross Work: Various "Y" groups are helping make bandages and afghans, and are collecting salvage.

Refugee Work: The Board, the residence girls and the club girls are all making bloomers, sweaters and layettes.



Savings: The residence girls collect dimes, the club girls collect nickels, the Board members give a cent a meal, all for refugee work.

WINNIPEG: Alison Preston      Also on the staff, Jean Sutton, Bretta Powles  
The Winnipeg Association advertises in a booklet that is distributed among the soldiers in Winnipeg. This calls attention to all the regular activities of the Association into which they hope to absorb soldiers' friends and relatives, such as residence accommodation, room registry services, leisure time activities, travellers' aid work. Two important announcements are:

The 1940 Women's Club open daily in the building invites women to use its services, such as the reading room, writing room, telephone, kitchenette, a place to entertain, to play a game, to have a chat. Its object is to promote friendship. The family may come too.

At 106 Tuxedo Blvd., opposite The Fort Osborne Barracks, the Blue Triangle Hostess House is open. This house provides a place to wait for the ladies, to enjoy a visit, to transact business.

There is also a Red Cross Work Room.

EDMONTON: Phyllis Goodfellow

We feel that this Association is more or less absorbing the war work into its regular routine work. "We are affiliated with the Council for Co-ordinating War Auxiliary Services and the Y.W.C.A. is specially interested in the Committee of the Council called "Dependent Services" of which our general secretary, Mrs. Wellwood, is the chairman.

Travellers' Aid: Kept rather busy at the trains and bus stations, meeting wives, children and other relatives and friends of soldiers and airmen, and trying to find accommodation for them. We have an inspected list of rooms and suites especially to meet the needs of relatives of men in the service. Others are absorbed in our regular residence and cafeteria duties.

Entertainment: For the wives to help them get acquainted with each other and with the staff and the work of the Association. One airman's wife is leading one of the clubs. Others are taking part in some of the regular gymnastic classes."

VANCOUVER: Dorte Glahn

"The war services of the Vancouver Y.W.C.A. are many and varied. Our Association works in co-operation with the military units as well as with the Red Cross and St. John's Ambulance Association.

Parties and Dances: A dance is held once a month in the gymnasium, and smaller parties are arranged from time to time. Different clubs in the Association also entertain the men at parties of their own. These parties are as a rule organized for other units than the Air Force.

Red Cross: Knitting and sewing for refugees in one of the clubs in conjunction with a local Red Cross unit.

Chatelaine Club: This is a brides' club, to which are invited girls whose husbands are away, or girls who have come to live in the city to be near their husbands.

Use of Building: Several times a week our building is used by the Red Cross for classes in home nursing, and a unit has been organized here under the Women's Ambulance Association for the training of women and A.R.P., First Aid Home Nursing and Ambulance Driving. To these groups we lend the gymnasium and a club room free of charge.

Rooms Registry: A list of inspected rooms and suites kept on file and assistance given in finding suitable quarters.

Financial: Throughout the clubs, money is being raised for the War Fund of the National Council of the Y.W.C.A.

CENTRAL NEIGHBORHOOD HOUSE, Toronto: Gretchen Gray, Joyce Jarvis, Edith Seixas  
An interesting item in the report of war work done here is that of the Junior Red Cross group where the girls are making quilts for refugees. A wholesale firm gives



them samples of woollen goods, which the girls sew together and later quilt.

#### ST. CHRISTOPHER HOUSE: Mary Walker

2 Red Cross Groups: Made up of people from the neighborhood.

2 Mothers' Clubs with fifty to sixty mothers in each one, collect coat hangers, waste paper etc., and with the money raised buy wool which they make into sweaters, socks etc. for their sons in the Service. Boxes for their sons are packed in these clubs and sent overseas.

EATON GIRLS' CLUB: Elizabeth Pitt Also on the staff, Muriel Nelles and Eleanor Keyes The Eaton Girls' Club of Toronto with a large group of women and girls in the firm to draw from, have organized a War Work Auxiliary, which has worked faithfully summer and winter, as the following will show:

List of articles sent to sailors, soldiers, airmen, refugees and British war victims: 12,219 pairs socks, 1358 sweaters, 1301 scarves, 1227 wristlets, 363 helmets, 342 pairs mitts, 123 quilts, 306 sewn garments, 143 kits (boxes, ditty bags etc.) Total 17,382 articles.

Special projects for raising funds have included social evenings, dances, parties, hockey game, shows, concerts and a Barn Dance at Shadow Lake.

#### NEWS OF THE GRADUATES:

Before you read about your friends and acquaintances, will you check this list of alumnae to see if you can give us the present addresses of any of them. We hate to have our alumnae list so incomplete, and ask for your assistance.

Andrew, Margaret (Mrs. Leslie Johnson)	McGillivray, Marjorie
Ball, Margaret (Mrs. J. McCurdy)	(Mrs. Edward Armstrong)
Bull, Margaret (Mrs. Allan Findley)	McKay, Marion (Mrs. R. A. Wright)
Butler, Gladys	McNeill, Pearl
Chapman, Margaret (Mrs. S.H. Walker)	Orr, Aletha (Mrs. Thomas Reyner)
Currie, Margaret	Perry, Marion (Mrs. G. R. Laird)
DeLong, Carrie	Reid, Dorothy (Mrs. Martin Toy)
Gauthier, Edith (Mrs. Fen Armstrong)	Samarow, Alexa (Mrs. A. V. Green)
Gray, Dorothea (Mrs. Douglas Rowland)	Sanders, Lena
Green, Gwen (Mrs. Colman)	Sharpe, Muriel (Mrs. Wallace Rankin)
Hutchinson, Gertrude (Mrs. McPhie)	Smart, Alice (Mrs. Albert Ayer)
Jones, Vivian	Smith, Esther
Lackner, Vina	Snyder, Mrs. Elizabeth
Landers, Ida	Willinsky, Faly (Mrs. S. M. Mehr)
Mackenzie, Kutharine (Mrs. Kenneth Beers)	Wilson, Margaret (Mrs. Dr. Keenleyside)
Maclean, Kathlyn	Wingate-Winston, Alison

A number of positions have been filled since the News Letter went out in September. Kae Marsh '39 is physical director at the Guelph Y.W.C.A.; Frances Greenway '40, Joan MacMillan '40 and Betty Brigham Davis '32 are all working in the Y.M.C.A., Frances in Lethbridge, Alberta, Joan in Westmount, Quebec, and Betty in Sydney, N.S. Edith Seixas '40 is in the Central Neighborhood House, Toronto in Peg Wilkin's place.

The engagement is announced of Peggy Wilkin '40 to Flight Lieut. D. H. Armstrong, the marriage to take place on December 21st.

Born, on December 7th at Peterborough to Dr. and Mrs. R. K. Magee (Dr. Agnes Moffat '25) a daughter.

Early in November, Mrs. Charles Walker, mother of Andreana Williams Gunyon '22, had a party at her home in Oakville in honour of Mrs. Keith Grand, formerly Alice Gates. Among those present were Lucille Chambers Jacob, Helen Parsons, Lois Howard Armstrong, Margaret Inglis Barclay, Beatrice Goad Brammall, Edith McFaul Auld, Hazel Frawley Dewar, Frances White, Frances Pearce Gunn, Norah MacLennan, Audrey Michel Jeffrey, Jean Douglas Mallabar, Alice Thompson Keefler and Andreana Gunyon. Needless to say,



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there was not a silent moment. Mrs. Grand is living temporarily in Brockville, while her two children are at school in Canada and her husband holds an important position in England.

Hazel Frawley Dewar, with her three little children, is living in Bronte while her husband is on active service.

Mrs. Alan Keebler (Alice Thomson) and her children are in Canada during the war, while Major Keebler is overseas. Mrs. Keebler's address is 559 Spadina Road, Toronto.

Winnifred Prendergast '22 is physical director at the London Normal School.

We sympathize deeply with Louise Proctor Hooper '36 and her mother, Mrs. C.R.W. Proctor, in the death of Austin Proctor who was lost at sea while serving in the Navy. Louise is living with her mother while Captain Hooper is overseas and is teaching part-time at Bishop Strachan School.

Born, at Calcutta, India, on September 30th, to Mr. and Mrs. John Manning (Irma Moyer '31) a daughter, Jane.

Andreana Williams Gunion '22, who lives with her three small children in Oakville while Mr. Gunion is in South America, has started Children's Dancing Classes in Oakville and is enjoying her work very much.

We extend our sympathy to Mrs. George Armstrong (Lois Howard '22) in the death of her father, Mr. Howard.

We were delighted to have a call from Jean McLaughlin Wisener '21 and her little three-year old daughter Sarah Jean, otherwise "Booey". Another M.E.S. "grand-daughter" to come in was Marianne Merry, who called with her mother, Margaret Henry Merry '30.

Friends of Phoebe Hamilton '39 and Ruth Whitely '37 will be very sorry to learn of the sudden death of Mr. Hamilton, Phoebe's father, in the early fall, and of the Reverend Mr. Whiteley, Ruth's father, following an operation.

Ruby Thomas Kinsey '34 and young daughter Judy are with Ruby's mother and father at 55 Ozark Crescent, Toronto, while Dr. Kinsey is with the Air Force at Exhibition Park.

Barbara Crowe Coleman '30 and Brian are "holding the fort" while Dr. Coleman is overseas.

Mr. and Mrs. Lewis Hanson (Lucille Kirk '35) announce the birth of a son at Vancouver on November 18th.

The engagement is announced of Muriel Nelles '38 to Mr. William Wallace Whyte, the marriage to take place quietly in Ottawa, on January 4th. Peggy Anderson '38 is finishing out the year for Muriel at the Eaton Girls' Club.

We wish to extend our sincere congratulations to Mr. and Mrs. C. E. Burden who celebrated their fiftieth wedding anniversary on December 2nd. Mrs. Burden has been a good friend of the school for a long time and while she is too busy to come to all our affairs, we always feel that we have her interest.

Once more the Christmas season is here, and again we send you our warmest greetings. May Christmas be very good to you this year and bring you gifts of Courage, Faith and Love. This is our wish for you all.

Charlotte H. Repton





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